

# COVID-19 Decision Tool for Parents & Caregivers

Last updated: February 5, 2021



**EACH DAY** complete the COVID-19 Student Screening Tool before school  
<https://covid-19.ontario.ca/school-screening/>



**If your child FAILS the Screen, follow these steps:**










Scenario 1	Parent/Caregiver Action
<p>Your child has <b>ONE</b> of these symptoms:</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;"> sore throat</div> <div style="text-align: center;"> stuffy/runny nose</div> <div style="text-align: center;"> headache</div> <div style="text-align: center;"> nausea vomiting diarrhea</div> <div style="text-align: center;"> muscle aches</div> <div style="text-align: center;"> very tired</div> </div>	 <ol style="list-style-type: none"> <li>Child <b>MUST stay home from school and self-isolate*</b>.</li> <li>Child can go back to school <b>24 hours after the symptom first started</b>, if the child is feeling better, and no more symptoms develop.</li> <li>Child <b>MUST</b> pass the Student Screening Tool to return to school.</li> <li>Household members without symptoms should self-monitor** and can go to work/school.</li> <li>If symptom is <b>not improving</b> after 24 hours, or is getting worse the child: <ul style="list-style-type: none"> <li><b>MUST</b> stay home and self-isolate</li> <li>should get tested or call their health care provider</li> <li>While waiting for test results, all household members <b>MUST stay home</b> and cannot go to school or work until COVID-19 has been ruled out.</li> </ul> </li> </ol>
Scenario 2	Parent/Caregiver Action
<p>Child has <b>ONE</b> of these symptoms (new/getting worse):</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;"> fever (37.8 °C or 100 °F or higher)</div> <div style="text-align: center;"> cough</div> <div style="text-align: center;"> hard to breathe</div> <div style="text-align: center;"> decrease/loss taste or smell</div> </div> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">-OR-</p> <p>Child has <b>TWO OR MORE</b> of these symptoms:</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="text-align: center;"> sore throat</div> <div style="text-align: center;"> stuffy/runny nose</div> <div style="text-align: center;"> headache</div> <div style="text-align: center;"> nausea vomiting diarrhea</div> <div style="text-align: center;"> muscle aches</div> <div style="text-align: center;"> very tired</div> </div>	 <ol style="list-style-type: none"> <li>Child and all household members <b>MUST stay home</b>.</li> <li>Sick child <b>should get tested</b>.</li> <li>While waiting for test results, all household members <b>MUST stay home</b> and cannot go to school or work until COVID-19 has been ruled out.</li> </ol> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">CALL AND BOOK A COVID-19 TEST:</p> <p><b>Woodstock Hospital Assessment Centre, Tillsonburg District Memorial Hospital Assessment Centre, or Alexandra Hospital Ingersoll Assessment Centre</b> 1-855-905-6148</p> <p><b>St. Thomas Elgin General Hospital COVID-19 Assessment Centre</b> 519-631-2030 ext. 6210</p> <p><b>West Elgin Community Health Centre</b> 519-857-2683</p> <p><u><a href="#">Carling Heights Community Centre, London</a></u> 519-685-8500 ext. 75503</p> <p><u><a href="#">Oakridge Arena, London</a></u> 519-667-6886</p>

\*Self-Isolating means: stay home, avoid contact with others (including those you live with), and keep your distance of at least two metres, wash your hands, cover your coughs and sneezes, wear a mask over your nose and mouth when visiting your health care provider or if you can't stay more than two metres away from others in your home.

\*\*Self-monitoring means: pay attention to how you feel and watch for the start of any COVID-19 symptoms.

# COVID-19 Decision Tool for Parents & Caregivers

Last updated: February 3, 2021

Scenario 2	Parent/Caregiver Action
<p>IF child's COVID-19 test is POSITIVE.</p> 	 <ol style="list-style-type: none"> <li>Public Health will contact you and let you know what to do.</li> <li>Child and all people who live together <b>MUST</b> stay home, isolate, and follow public health advice.</li> </ol>
<p>IF child's COVID-19 test is NEGATIVE.</p> 	<ol style="list-style-type: none"> <li>Child can go back to school once they have been feeling better for 24 hours.</li> <li>All people in the house can go back to school and work if they are well.</li> </ol> <p><b>Note:</b> A child or household members who are a close contact of a COVID-19 case, <b>cannot</b> go back to school/work, even if they tested negative. See Scenario 3 for more information.</p>
<p>IF child was not tested.</p> 	 <ol style="list-style-type: none"> <li>Child <b>MUST</b> stay home.</li> <li>Child <b>MUST</b> self-isolate away from others for 10 days from the day symptoms started.</li> <li>Child can return to school after 10 days, if they are fever-free (without medicine), and their symptoms improving for 24 hours. All members of your household must stay home and self-isolate for 14 days from when your child developed symptoms.</li> </ol> <p><b>Note:</b> If you think your child has symptoms because of another known reason, not new to them, talk to your health care provider (e.g., doctor or nurse practitioner). Health care providers may not be able to rule out COVID-19 without a test.</p>
Scenario 3	Parent/Caregiver Action
<p>Child is a close contact of a COVID-19 case (confirmed by public health).</p> 	 <ol style="list-style-type: none"> <li>Public Health will give direction on self-isolation and when child can return to school.</li> <li>Child <b>MUST</b> stay home from school and other activities.</li> <li>Child <b>MUST</b> self-isolate <b>away</b> from others in the home.</li> <li>If self-isolation away from others in the house is <b>not</b> possible, everyone <b>MUST</b> stay home.</li> <li><b>Have your child tested</b> for COVID-19, even if they do not have symptoms. Everyone in the house <b>MUST</b> stay home while waiting for results.</li> <li>If child tests negative, child must still complete self-isolation as directed by public health. Others in the home can go back to school or work if the child is well, and the child is isolating <b>away</b> from them.</li> </ol>
Scenario 4	Parent/Caregiver Action
<p>Child travelled outside of Canada.</p> 	 <ol style="list-style-type: none"> <li>Child cannot go to school.</li> <li>Child <b>MUST</b> self-isolate for 14 days.</li> <li>Child can return to school after 14 days if no symptoms and pass screening tool.</li> <li>Isolation from others in the home starts day child returns to Canada.</li> <li>If child develops symptoms of COVID-19 while self-isolating, child should be tested.</li> </ol> <p><b>Note:</b> Anyone who travels outside of Canada <b>MUST</b> self-isolate in accordance with provincial and federal legislation.</p>

